



Solace Grief Support Society
Foothills County
solacegrief1@gmail.com
Facebook: Solace Grief Support Society
www.solacegriefsupport.com

ANNUAL REPORT

2022 - 2023



VISION AND MISSION STATEMENTS

VISION STATEMENT

To guide and support people through grief to restore health and well being: no one should grieve alone. Revised July 21,2021

MISSION STATEMENT

To offer free, compassionate, inclusive, professional grief support and counselling services for those experiencing grief as the result of the death of a loved one in the Foothills County and surrounding rural areas. Revised July 21, 2021

OBJECTIVES 2021- 2024

1. To Provide consistent leadership and grief services to the Alberta Foothills County
2. To provide safe caring network of social supports, not only to individuals, family and group settings through various program design including community education.
3. To create sustainability by increasing capacity.
4. To create awareness and learning opportunities of the Solace Grief Support Society.
5. To engage community to get involved with Solace Grief Support Society.

PRESIDENT'S REPORT

Dear Solace Grief Society Board of Directors, Members and Guests.

Since we became a Society in 2017 we continue to be strictly a volunteer working board. In 2022 – 2023 we had hoped to have more finances in place to hire a part-time Manager to do the day to day operations but we did not achieve this goal in our last fiscal year. Since the end of COVID we continue to work hard in providing a grief counselling service to the people in the Foothills County and surrounding rural areas. Despite our financial situation the Society has become increasingly recognized with referrals from health care professionals, friends, other societies and people who we have helped.

The 2022 – 2023 fiscal year has gone by quickly. The dedication shown by our Board of Directors, Grief Counsellors and friends of Solace has made it another successful year. Thank you to all.

Since our last AGM in 2022 we have had one Director step down but she has remained active as a friend of Solace and we thank Gail for her years as a Director and her continued support. We continue to have another Director on leave but she has been able to help out when she can and we thank Laurel. As a Board we are in need of Directors to fill our vacancies for this fiscal year.

As a Board we continued to meet the third Wednesday of the month via Zoom. As president I found it rewarding to be able to conduct our meeting this way but I feel we lost the social and engagement aspect of the meetings.

With COVID lifted the office space is being well utilized for counselling sessions and office administration. The counsellors continue to provide telephone and zoom sessions as not all are comfortable with in-person.

2022-2023 Fiscal year highlights

1. Mixed Group sessions twice a month, third Thursday of the month via Zoom and the first Wednesday of the month in person at the Okotoks Library. These sessions run from 6:00 to 7:30 pm
2. Men's Group Sessions are in person the second Tuesday (Okotoks Library) and fourth Tuesday (High River Library) These sessions run from 6:00 to 7:30 pm.
3. Solace increased to 4 grief counsellors this past year; it was decided there was a need for an intake coordinator for clients requesting our service. This is working relatively

well. Our counsellors like to have a 1:1 session with new clients before recommending them to a group session.

4. We ran another 8-week Art Therapy Youth Program in the Fall of 2022. We offered the hybrid model but the youths who signed up came in person.
5. Client Intake Coordinator – Phone number 403-601-3312. This is listed on our webpage. The coordinator will distribute new clients to our counsellors. In October we removed the counsellors phone numbers from the webpage, leaving the Solace phone number and email as first point of contact for clients. We find this is a positive addition for our Society and our counsellors.
6. Solace is seeing an increase in the number of children and youths reaching out for our service.
7. The number of clients reaching out to Solace, whether it's through friends, self referral, physicians, mental health therapists and other private agencies has increased dramatically.
8. Our funding to the Grief Counsellors did not change up to the end of our June fiscal year end. We continued to pay our counsellors \$50/hour for the individual counselling and \$100/session for two group sessions on a monthly basis.
9. Finance and Communication Committees have been formed
10. Client Surveys were done with clients seeking our services and the outcome was very favourable.

I refer you to our webpage www.solacegriefsupport.com (click on events) and the local newspapers for changes.

Accomplishments and fundraising throughout the fiscal year.

1. Solace received funding from the following groups

100 Women's Who Care –May with a cheque for	\$13,000.00.
Foothills Salvage Centre - January with a cheque for	\$2,000.00
FCSS Foothills –	\$1,200.00
High River Lions Club -	\$5,000.00
High River Rotary Club	\$6,000.00
Sheep River Health Trust Radiothon	\$4,000.00
Noble Tree Coffee	\$1,800.00
Sunset-Drive-In	\$419.40
Plus, Private donations	
2. We continue to search for companies and grants to apply to each year.
3. We continue to work on getting our service message out to the people in the community by various means:
 - Picnic with a Purpose in High River

Sun Country Radio – Vi our Grief Counsellors was interviewed and we had a frequent Public Service Announcement running

Webpage

Revised Solace Brochures to surrounding communities

Foothills Children’s Wellness Network – Pattie Ann Grief Counsellor has joined this group

Heart of High River – Shirley C and Andrea showcased our service

Foothills Country Hospice – Vi and Andrea – met with them regarding how we can work cooperatively

Presentations were made to:

- High River Rotary Club
- Nanton Lions Club
- 100 Women’s Club
- Sheep River Health Trust

Statistics:

	Individual session	Group session	Child/youth	
2020-21	386			
2021-22	485 – up 27%	156	54	
2022-23	652 – up 34%	159 – up 2%	94 – up 74%	

What’s happening in the upcoming fiscal year 2023 – 2024

1. Community Initiative Program application submitted July 2023
2. Inclusions Summer Market – Solace was present three times throughout the season
3. Foothills Ladies Compassionate Golf – August 14, 2023 – Solace was a recipient of this event.
4. Casino – We have a date February 18 and 19, 2024. If you are interested in helping please send Solace an email solacegrief1@gmail.com
5. Increased the number of hours we pay our counsellors from 8 to 10 hours per month
6. Searching for Board Members and increasing our membership
7. Searching for two more Grief Counsellors

SOLACE GRIEF SUPPORT SOCIETY

BOARD OF DIRECTORS July 01 2022 to June 30, 2023

President – Andrea Taylor

Vice President – Vacant (November to present)

Secretary – Deb Gardiner

Treasurer – Andrea Taylor (July to February 2022)

Treasurer – Shirley Stephenson (February 2022 to present)

Director – Carol Anne Maisey

Director – Gail Maitland (resigned March 2023)

Director – Shirley Crawford

Director – Laurel Boyle (LOA)

Ex-Officio/Grief Counsellor – Vi Sharpe (relocated to BC July 2023,
phone consults only)

Ex-Officio/Grief Counsellor – Pattie Ann Pryma

Ex- Officio/Grief Counsellor – Pansy Angevine

Ex-Officio/Grief Counsellor – Ken Farthing

FINANCIAL STATEMENTS

The Solace Grief Support Society is pleased to present the Financial Statements for the fiscal year of July 1, 2022 – June 30, 2023.

The Board of Directors each year reviews the audited statements as prepared by our external auditor, LORAC Management Inc., and the results of that review are the approved financial statements as seen here in this report. We are pleased to be able to share with you our Statement of Financial Position and Statement of Financial Income and Expense.

SOLACE GRIEF SUPPORT SOCIETY

HIGH RIVER, ALBERTA

AUDIT REPORT

The undersigned conducted a audit of the Solace Grief Support Society books to obtain reasonable assurance whether the financial statements are free of material misstatement.

In our opinion the financial statements present fairly, in all material aspects the financial position of the Solace Grief Support Society from July 1, 2022 to June 30, 2023.

This report is respectfully submitted.

Signed this September 16, 2023



LORAC Management Inc.

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 2023-10-05
 Accrual Basis

Solace Grief Support Society
Statement of Financial Position
 As of 30 June 2023

	30 Jun 23	30 Jun 22	\$ Change
ASSETS			
Current Assets			
Chequing/Savings			
10010 - Servus - SGSS	38,056.18	43,359.14	-5,302.96
18300 - Other Invest - SCU Common Share	1.18	1.13	0.05
Total Chequing/Savings	38,057.36	43,360.27	-5,302.91
Other Current Assets			
11500 - GST Receivable	163.40	171.00	-7.60
13000 - Prepaid Expenses	377.00	307.08	69.92
Total Other Current Assets	540.40	478.08	62.32
Total Current Assets	38,597.76	43,838.35	-5,240.59
TOTAL ASSETS	38,597.76	43,838.35	-5,240.59
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
20000 - Accounts Payable	2,200.00	1,400.00	800.00
Total Accounts Payable	2,200.00	1,400.00	800.00
Other Current Liabilities			
25800 - Unearned or Deferred Revenue	1,780.00	2,900.00	-1,120.00
Total Other Current Liabilities	1,780.00	2,900.00	-1,120.00
Total Current Liabilities	3,980.00	4,300.00	-320.00
Long Term Liabilities			
27300 - Refundable Deposits Payable			
27310 - Invest Acct-Servus Credit Union	1.00	1.00	0.00
Total 27300 - Refundable Deposits Payable	1.00	1.00	0.00
Total Long Term Liabilities	1.00	1.00	0.00
Total Liabilities	3,981.00	4,301.00	-320.00
Equity			
32000 - Unrestricted Net Assets	39,537.35	32,302.56	7,234.79
Net Income	-4,920.59	7,234.79	-12,155.38
Total Equity	34,616.76	39,537.35	-4,920.59
TOTAL LIABILITIES & EQUITY	38,597.76	43,838.35	-5,240.59

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2023-10-05

Accrual Basis

Solace Grief Support Society
Statement of Financial Income and Expense
 July 2022 through June 2023

	Jul '22 - Jun 23	Jul '21 - Jun 22	\$ Change
Ordinary Income/Expense			
Income			
43400 - Donations			
43410 - Corporate Donations	10,219.40	10,940.30	-720.90
43415 - Website Donations	0.00	762.30	-762.30
43440 - Gifts In Kind - Goods	10.48	0.00	10.48
43445 - Gifts In Kind - Services	54,650.00	29,557.25	25,092.75
43450 - Individual Donations	16,706.16	20,135.00	-3,428.84
Total 43400 - Donations	81,586.04	61,394.85	20,191.19
44800 - Grants			
44830 - Town of Black Diamond	0.00	1,000.00	-1,000.00
44850 - Art Therapy Program	1,120.00	200.00	920.00
Total 44800 - Grants	1,120.00	1,200.00	-80.00
46400 - Other Types of Income			
46430 - Miscellaneous Revenue	0.05	0.03	0.02
Total 46400 - Other Types of Income	0.05	0.03	0.02
47200 - Program Income			
47230 - Membership Dues	475.00	675.00	-200.00
Total 47200 - Program Income	475.00	675.00	-200.00
Total Income	83,181.09	63,269.88	19,911.21
Expense			
62100 - Contract Services - Group	7,620.00	6,360.00	1,260.00
62110 - Accounting Fees	500.00	660.73	-160.73
62120 - Contract services - Individual	71,975.00	41,662.50	30,312.50
62800 - Facilities and Equipment			
62890 - Rent, Parking, Utilities	0.00	0.00	0.00
Total 62800 - Facilities and Equipment	0.00	0.00	0.00
65000 - Operations			
65005 - Bank Charges	27.14	61.00	-33.86
65008 - Pay Pal Admin Fees	0.00	7.93	-7.93
65010 - Books, Subscriptions, Reference	255.48	0.00	255.48
65020 - Postage, Mailing Service	94.24	0.00	94.24
65030 - Printing and Copying	238.65	50.83	187.82
65035 - Promotional Materials	308.98	310.11	-1.13
65050 - Telephone and Internet	292.40	0.00	292.40
65060 - Web-site Costs	0.00	180.00	-180.00
65080 - Office Rent	5,476.86	5,533.11	-56.25
65085 - Office Furniture & Equipment	282.10	0.00	282.10
65090 - Supplies	30.21	228.35	-198.14
65095 - COMPUTER	316.54	0.00	316.54
Total 65000 - Operations	7,322.60	6,371.33	951.27
65100 - Other Types of Expenses			
65120 - Insurance - Liability, D and O	684.08	782.42	-98.34
65160 - Other Costs	0.00	51.22	-51.22
Total 65100 - Other Types of Expenses	684.08	833.64	-149.56
69800 - General and Admin Expenses			
69840 - Office Supplies	0.00	146.89	-146.89
Total 69800 - General and Admin Expenses	0.00	146.89	-146.89